**Booty Ball**

**Grades 3-5**

Booty Ball

* This is a great game to practice striking, setting, passing, and team work.
* The purpose of the game is to strike the ball back and forth over the “net”.
1. Divide the group into two teams.
2. Everyone must sit criss cross on their teams side, spaced out evenly on the floor.
3. Drop the ball into play in one of the team areas.
4. Players attempt to hit the ball to the other team, over the chairs which are dividing the court.
5. Players may hit the ball with arms, legs, or any body part, but may not lift their bottom off of the ground.
6. Players may NOT scoot around on their bottoms, they must stay in one place!
7. There are only three hits allowed per side so help the students count aloud.
8. Players try to keep the ball volleying back and forth as long as possible.

Equipment: chairs, mats, or a net (to represent the net), cones to mark boundaries, beach ball, balloon, or volleyball based on the skill level of your students.

X X X X X X X

 N P P

 P P N

 N P

X P N X

 N P

 P N

 N P

 P N

X N P X

 P N

 P P N P

 N

 N P

X X X X X X X

X = cones, N = net, P = red player, P = blue player

Variations:

* Multi-balls: Add one or more balls into the mix. Follow same exact format.
* Competitive: Add the serving component and award points following regulation rules.

Adapted from http://www.playworks.org/playbook/games/booty-ball