**Bound Ball**

**K-5**

Bound Ball

* This is a great game for practicing throwing and catching, looking for open space, and communication (for the 3-5 students).
* The object of the game is to get the other team to “miss” a throw. A miss is any throw that the other team cannot catch in the air or off of one bounce, for K-2.

1. Divide the group into 2 equal teams – one on each side of the net.
2. Flip a coin or pick a number to decide who will serve first.
3. On the signal play will begin.
4. The object of the game is to throw the ball back and forth over then net attempting to make the other team miss.
5. Each team may play (pass) the ball twice among team mates before throwing it over the net.
6. For 3-5 the ball must be caught in the air (NO bounce), for K-2 the ball may bounce once before it must be caught.

Note: A miss occurs when :

* The ball is thrown out of bounds by the throwing team (on the line is good)
* The throwing team fails to get the ball over the net after playing it twice on their side.
* The receiving team fail to catch the ball (see designations for K-2 and 3-5 above)

Equipment – Volleyball type net, playground ball, cones or jump ropes to mark boundary lines. Adapted from http://www.ausport.gov.au/\_\_data/assets/pdf\_file/0007/315916/Newcombe\_ball.pdf

Playing area should be about the size of a volleyball court

X

X

X

Net X

X

X

X

X

X

X

X